# TRIVANDIUM DON BOSCO VEEDU SOCIETY Safeguarding the Children at Risk since 1991

# **ANNUAL REPORT 2018-19**

VEEDU

#### Don Bosco Nivas

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# NSPIRATION

Don Bosco was an Italian Roman Catholic priest, educator and writer of the 19th century. While working in Turin, where the population suffered many of the effects of industrialization and urbanization, he dedicated his life to the betterment and education of street children, juvenile delinquents, and other disadvantaged youth. He developed teaching methods based on love rather than punishment, a method that came to be known as the 'Salesian Preventive System'. About a century and a half before the UN Convention on the Rights of the Child—which coined the immortal phrase 'best interest of the child' came into force (1990), Don Bosco, the educator brought into being an educational practice in which the child is at the centre! His homes were full of migrant child workers, young delinquents, juvenile prisoners and orphaned and abandoned children.

The kind of youngsters for whom Don Bosco spent his life were largely victims of neglect, exploitation, abuse and those who had been subjected to some form or other of inhuman and degrading treatment. For them life had been joyless, hard and painful; their psyche were damaged, unfortunately, by those close to them -- parents, family members, elders, teachers, and then, the exploitative wider world!

Their wounded selves gave vent to their anger against society through destructive and violent actions. They would be on the edge at every turn; instead of building they tore down; instead of valuing and nurturing, they disfigured! A century and a half ago, Don Bosco recognized that education is a matter of the heart. Hence he created a transformative climate that would restore trust in those for whom life had not been so kind in his own time in Italy, he transformed abandoned children, migrant child-workers and the youth of the 'correction homes' into 'honest individuals and contributing citizens' of the state. He achieved this by nursing and healing their damaged selves, on the one hand, and nurtured and brought forth their finer human qualities by re-creating a joyful and trusting family atmosphere around them, on the other.

Creating this restorative and growth-producing ambience was at the core of the educative system of Don Bosco: the Preventive System or the Pedagogy of Presence. As followers of Don Bosco, we too dare to dream for a more just and humane society for the young at risk of the present society and work towards achieving the same...

# **Director's Message**

Another year and it was an year which had lots of things happening at Don Bosco Veedu Society and in its work for the children, young and women at risk in the society of Kerala. It was an year which saw the fiercest fury of nature of the century and it also saw the uniting power of humanity in great adversity. As a social work institution we also contributed our share to the flood affected people across Kerala.

This was an year of new initiatives on the part of Don Bosco Veedu Society towards newer and more challenging issues facing our youngsters, women and children. Substance abuse, violence against women and gender bias, problems faced by increasing number of interstate migrant labourers across Kerala are some of the major challenges faced by youngsters in the social arena of Kerala state. As an institution looking to strike at the root causes of marginalisation and being sensitive to the fast growing threats facing our youngsters, we have targeted these issues in the form of projects like DREAM (Drug Rehabilitation Education And Mentoring), KISMAT (Kerala Interstate Migrants' Alliance for Transformation), WEDGE (Women Empowerment Drive and Gender Equality) and KEEN (Karimadom Education and Empowerment Network). The annual report will enumerate on these and how effectively we have addressed these issues.

I would like to place on record the incessant and steadfast financial support from Fr. Joy Nedumaparambil, Director, BREADS, Bangalore and his team which made the projects see the light of the day.

Wish you a happy reading and my appreciation also to Mr. Jeswin Jose and his team of dedicated staff and volunteers who put together this annual report.

Thomason

Fr. Thomas P D, Director



Fr. Thomas P.D Director Trivandrum Don Bosco Veedu Society

# DON BOSCO VEEDU SOCIETY



#### About Us

Trivandrum Don Bosco Veedu Society is part of the Salesians of Don Bosco (SDB) congregation spread over 131 countries and working for the welfare of children and youth especially those at risk founded by Don Bosco, a 19th century educationalist from Italy.

The society is a registered non profit, charitable society under the Travancore-Cochin Literary, Scientific and Charitable Societies Registration Act, 1955 (965/91). Constituted in the year 1991, we offer services to the children, young and women at risk in the district of Trivandrum and across Kerala state.

Children and youth living on the streets, child labourers, abandoned / orphaned children, migrant labourers, victims of drug abuse, victims of child abuse, begging children, rag pickers and other children in need of care and protection are our target group.

#### **Our Mission**

To reach out and rescue children and youth at risk: to protect them; to restore them; to inspire them towards a dignified life protected from abusive situations, to advocate on their behalf, to restore their rights and to be catalysts in the formation of a child friendly society.

#### Our Vision

To create a child friendly society by collectively acting as catalysts to transform people to think and act in favour of children especially those at risk.

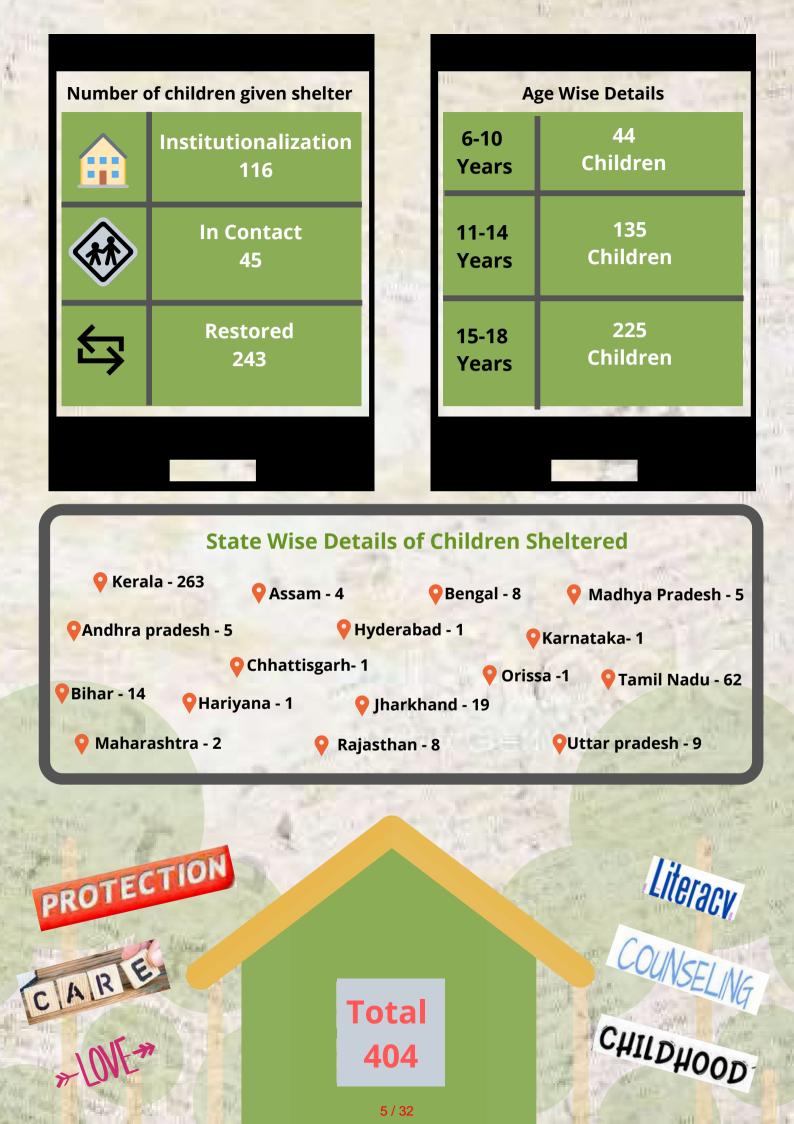


# DON BOSCO NIVAS OPEN SHELTER HOME

2018-19



Don Bosco Nivas is a residential centre intended to provide temporary shelter to at risk children arriving through railways or rescued by CHILDLINE from different parts of the district of Trivandrum. We provide a caring and nurturing environment here. Children are provided emergency shelter, clothing and medication, short term skill training and long term rehabilitation services. This centre is registered under Juvenile Justice (Care and Protection of Children) Act 2015 with facilities to accommodate 25 children at a time.



# CHERISHED MOMENTS 🙂 😂 🔩 😂

#### **Onam Celebration**

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**Monthly Meeting** 

#### **Independence Day**



**Sponsorship Program** 



#### **Birthday Celebration**





**Christmas Celebration** 





**CHILDLINE is 24 hour free** emergency outreach service for children in distress under the ministry of Women and **Child Development with** the support of Non-profits and different Government departments. Toll free number 1098 is used to reach the distress message to CHILDLINE call centre which will be connected to each district intervention unit. The first **CHILDLINE** in Kerala was under the initiative of Don **Bosco Veedu Society.** 

#### CHILDLINE

How it works



Child or concerned Adult Calls 1098



Gets Connected to CHILDLINE Contact Centre



CHILDLINE Team Rushes to the Aid of the Child



Child is provided Rehabilitation and Constant Follow Up











# CHILDLINE



CHILDLINE Trivandrum started functioning from March 2000. Trivandrum Bosco Veedu Society Don is the collaborative organization for the implementation of CHILDLINE in Trivandrum, Kerala, With the active support from the Nodal agency and Vellayambalam IU, efforts were made to strengthen the network with allied systems in the city as well as with other CHILDLINEs in the State. This year we completed the work of nineteen years. CHILDLINE has brought hope to many distressed children in the State. CHILDLINE has been a catalyst and a change agent in the field of child rights. CHILDLINE represents the lineage of the society which is just not an isolated entity but a networking agent in society on child rights. In October 2003, CHILDLINE Forum was setup under the initiative of Don Bosco Veedu Society. Our collaborative efforts with Loyola Extension Services and other NGOs were instrumental in bringing CHILDLINE to other cities in Kerala as well.

To bring such a magnum opus of a work has taken its due share of time. But we are indeed delighted to witness the outcome. Currently we can proudly say that there is above 90 % reporting of child related issues to CHILDLINE and every child at risk is reached in the district of Trivandrum. The CHILDLINE collaborative organisation being a voluntary charitable society with good network services for the marginalised children of the society has contributed much for the children at risk situation through the CHILDLINE project. The local authorities, allied systems, NGO partners, volunteers and well wishers have rendered great support for its effective functioning.









### AWARENESS PROGRAMS

Timely interventions and proper follow up by our team has been a beacon of hope for a better childhood for many underprivileged children in the district. Through variety of creative awareness programmes the team imparted knowledge about the services of CHILDLINE for more than 10 lakhs people. As the support organisation has been upgraded to collaborative agency, the district has been divided into two intervention units resulting in more qualitative and quantitative interventions in cases. We spearheaded campaigns for spreading awareness about Child Rights, Protection from Abuse/CSA (OPPAM), safe and unsafe touch, anger management, study methods, drug abuse prevention education (DARE). These were done through various means such as distribution of pamphlets, videos, anti-child labour campaigns, advertisements in visual, newspaper, radio and social media, promotions discussions. through talk shows and

exhibitions and vehicular announcements. Mass awareness programs were conducted in public places and during festivals. Various street performances like puppet shows, street play and street magic was also organized to reach out to the masses.

We organised 762 awareness and outreach programmes as a result of which we were able to reach to more than 100000 people and make them aware about the role and functioning of CHILDLINE and 1098 child help line toll free number.

#### **Outreach & Interventions**

8 Open house programmes were held last year which helped children to voice their issues to the local auhtorities and children have been empowered to address their own issues. The major issues chidlren brought out were substance abuse among children and parents, eve teasing, family issues and behavioural problems. Children were prepared to voice their issues to the authorities and they promised prompt action.

During the month of August Kerala experienced high rainfall which led to flooding across the state. In Thiruvananathapuram, CHILDLINE visited flood affected areas and provided psychological first aid provided and necessary materials for children. CHILDLINE has successfully intervened in over 1200 cases in the past year.

Type of Call	Total	Type of Call	Total
Medical	4	CSA	65
Shelter	143	Child Marriage	6
Restoration	15	Child Labour	2
Emotional Support	438	Child Begging	6
Missing /Parents asking help(Traced/ESNG	16	Physical Abuse	163
Missing Child Found	3	Corporal Punishment	18
(Shelter/ Restoration)	3	Emotional Abuse	75
Unclassified/ Sponsorship/ DNF	94	School Dropout	37
Protection from	533	Substance Abuse(shelter)	79
Abuse(PFA)		Abandoned/ Neglect (Shelter)	82
Total	Interver	ntions	1246

#### **Other Activities**

Various one day seminars, state level workshops, training classes and focus group discussions were conducted with stakeholders in order to fast track the formation of a child friendly district.



Gender Equality Awareness (International girl child day)



Awareness Desk during Attukal Pongala



CHILDLINE @ 18



"Chithrolsavam" 18 Summer Camp for Children

# **Railway Child Help Desk**



Railway Childline is a new project which is jointly initiated by the Department of Women and Child Development and Indian Railways. Railway Child Help Desk (RCHD) is a 24 hour free emergency outreach service for children in distress found in and around railway station premises. The aim of this project is to every unaccompanied rescue child who comes to Trivandrum Railway station Central and provide them with temporary shelter facility, counselling and restoration/rehabilitation services.

The Trivandrum Don Bosco Veedu Society, RCHD collaborative organisation being а voluntary charitable society with good network and services for the marginalised children of the society has contributed much for the children at risk situation through the CHILDLINE project. The local authorities. allied systems, NGO partners, volunteers and well wishers have rendered great support for its effective functioning.

Services Provid	Services Provided			
Children Rescued	405			
Children Restored	287			
Children Sheltered	118			

#### Railway Child Help Desk

### Awareness Programs

Eleven major awareness programs were conducted by the RCHD team which helped in increasing the awareness about child rights and the various challenges faced by them in the form of physical and mental abuse, child labour, drug usage among students, child begging and also spread awareness about women's issues like violence. domestic sexual abuse and harassment, abortion etc. Through these initiatives the team was able to spread understanding awareness and of the functioning of CHILDLINE services.

# 3,50,000\*

People reached through this initiative.



### **Outreach Programs**

Regular daily outreach was done in and around the premises of Trivandrum Central Railway Station, Thampanoor and through these efforts awareness about the functioning and purpose of CHILDLINE and Child Help Desk was increased.

# 20,00,000\*

People reached out through this initiative



### **Special Programs**

Special Training programs was conducted for Railway Protection Force(RPF) and Govt. Railway Police (GRP) to introduce the functioning and services offered by the Child Help Desk. Awareness classes and Q&A sessions were held in two sessions for two batches of GRP and RPF personnel which covered topics such as the standard operating procedures of Child Help Desk, child rights, issues chidren face and laws related to children.



# **KISMAT**

#### **KERALA INTERSTATE MIGRANTS' ALLIANCE FOR TRANSFORMATION**



# **Empowerment**

Kerala Interstate Migrants Alliance for Transformation (KISMAT) is a collective effort by Don Bosco across Kerala to reach out to the growing population of young guest workers at risk in the State of Kerala. Large numbers of young people migrate to unorganized sectors of Kerala and they are unskilled, poor, exploited and their rights are grossly violated. So KISMAT started 12 migrant help desks in 11 districts of Kerala, headed by Don Bosco Veedu Society at Trivandrum. The migrant desk is the point of reference for all migrants related activities and services in that particular district. The vision of KISMAT is to give the marginalized migrant labour class, a voice and enhance their standard of living.

# Achievements so far in 11 Districts

114 Number of medical & and Awaaz insurance camps were organised and 9540 enrolled so far

Total 240 cases resolved including wage theft, accident death, job security, medical attention, psycho-social support etc

organized youth center and promoted sports, festival celebrations, free educations, extra curricular activities and focus group discussions with ISMs

KISMAT reached to remote areas where no one has reached with help for them.

Total 135 awareness programs conducted on different topics

An active part in coordinating ISM kids' free education, hostel facility , nutritious food, education materials distribution, safe shelter, vaccination, etc.

Reached to grass root level interventions through KISMAT village formation

#### Totally 9508 ISMs have been personally inetracted with so far



# **MAJOR ACTIVITIES**

#### MEDICAL CAMPS AND FREE MEDICINE DISTRIBUTION

KISMAT in collaboration with the Health department of Kerala organized 119 medical camps in different districts of Kerala. The field visits helped the migrant desks to identify the prevalence of epidemic and contagious diseases in labour camps.

#### AWAAZ CAMPS

The project organized 180 AWAAZ registration camps in 11 districts and 30,592 migrant workers have benefited from the initiative.

#### AWARENESS PROGRAMMES

601 awareness classes were conducted during the year across 11 districts of Kerala. The main intention of the awareness class was to educate and empower the inter-state migrant communities for a healthy and standard living.

#### NIRBHAYA-SELF DEFENCE PROGRAMME

Nirbhaya is a self-defense training program initiated by Kerala Police. This program is mainly aimed to empower the ISM women community to protect themselves from exploitation and misuse in life and labour. About 478 ISM women received benefits of Nirbhaya training.

#### VIMUKTHI

KISMAT in collaboration with the Excise Department of Kerala had conducted awareness programs, road shows, street plays, and antitobacco campaigns in 11 districts of Kerala. It mainly aimed at educating the ISM community to say 'no' to tobacco, pan products and alcoholism.

#### COUNSELLING SERVICES

The coordinators provided counselling support for people living in their particular district. Counseling is needed to relieve stress of work and also to settle disputes in settlements where labourers put up.

#### MEDICAL ASSISTANCE

Through the project, 49 cases of medical support and hospital attention was rendered, 14 migrants were given accidental care and support and 18 migrants were given de-addiction support services.

# **KISMAT Gallery**























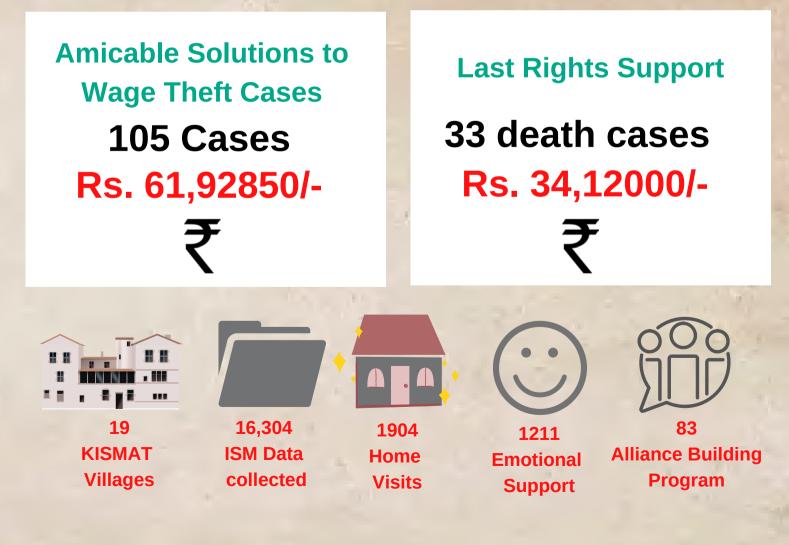
# **Success stories**

#### CASE 1

Mr. Rahul Pandey (name changed) was the sole bread winner of his family. Due to an accident he lost his hearing capacity of both ears causing tremendous financial crisis and mental crisis to him and the entire family. He could not cope with work and hence was left jobless. KISMAT intervened and raised Rs. 35000/- for his cochlear implant surgery in both ears and now he has returned to a normal life

#### CASE 2

Mr. Angush (name changed) was suffering from a rare neurological disease and the KISMAT Coordinator helped him to consult a neuro surgeon at mental health centre, Trissur. It was a sensitive case, so right from the time of admission to discharge the coordinator had assisted and accompanied the individual in the treatment progress. The immediate attention and intervention of the project staff saved the patient from worsening the situation



### **KARIMADOM EDUCATION & EMPOWERMENT NETWORK**



Karimadom slum is one of the biggest slums in the capital city of Thiruvananthapuram. Whilst the parents go to work the children are not cared for. The people of the locality are economically poor and the majority are illiterate. The women have to look after the household, care for the children and work outside to find an income for their families.

The KEEN initiative, implemented in Karimadom, is aimed at empowering women and children through education and skill development. As a part of this initiative various community projects have been launched in Karimadom.

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### KEEN INITIATIVE

Don Bosco Veedu Society has been very active in the development of the women and children living in slum areas. For the last 26 years we have implemented many projects with remarkable results. The women are supported to set up Self Help Groups and these groups are a platform for women to come together and plan program for their own development. A number of educational promotion projects are also implemented through which we have ensured that all children living in the slums are enrolled in schools. Another area of intervention is health promotion through which we are trying to nurture healthier behaviour among families living in slums.

This project in all aspects is aimed at empowering the marginalized women of the Karimadom slum. It is a sure way to make them literate and educate them in life skill management. It aims to contribute towards the educational, social, cultural, economic and intellectual transformation of this community.

#### **Major Interventions**

#### Play For Change

Don Bosco KEEN project organized a sports and motivation camp day to promote and celebrate the values of physical exercise. About 127 youth from the slum were inspired by the messages of sports as a tool for self-development and community-building. The youth from the slum learnt about how sports can create positive global impacts and took part in fun but tough teamwork challenges. The discussions held gave them a better understanding of their problems and how to tackle them effectively.



#### Motivational Camp for Men: Revealed, the Power of Failure



#### Motivational Camp for Women: "Believe in Your Dreams"

Don Bosco KEEN project conducted a motivational camp for the women of Karimadom colony. The camp was inaugurated by Fr. Thomas P.D (Director, KEEN project). The motivational camp was titled as "Believe in Your Dreams". The participants for the motivational camp were the women interested in learning the tailoring program. About 105 women from the slum participated in the motivational camp conducted at Don Bosco Veedu Manacaud. The session paved way to further initiatives in tailoring training by Don Bosco Veedu Society.

KEEN project conducted a motivational camp for the men in the slum, in order to help them to understand the power of failure and thereby urging them to future gains. KEEN project strongly believed it is time to let that thinking go. The men where taken out of the slum for an excursion with motivation sessions. This helped promote learning through outdoor interactions, and experiences. The motivational camp gave them an opportunity to self-examine their act, in terms of the power of failure.





#### Leadership Training

Five days of training for women leaders of self- help groups, Sthree Jyothi from Karimadom slum was organized by Don Bosco KEEN from 22nd October to 26th October 2018. The aim of this program was to enhance their leadership skills and to prepare an action plan for the intervention on livelihood promotion and right based activities. Through these sessions we were able to enhance their knowledge and instill in them values and confidence to be better leaders.

#### Paper & Cloth Bag Training

The motto of the training was "Think Green, It's a good idea". The KEEN project conducted two sessions of five day training in paper and cloth bag making. A total of 56 women took part in these training programs. Don Bosco KEEN decided to coordinate the women who attended the training and thereby develop a 'work from home' model of micro business. About 20 women were enrolled in this income generation activity. More than 20000 units of paper bags have been produced and sold as a part of this initiative.



#### Family Support Program

Details	Medical support	Dry ration	Household utensils	Hygiene Kits	Household items(cot,bed, cupboard)	Study materials to the children	Support in setup of Business
Number	101	243	87	571	5	384	4

The KEEN project provided basic need support to the families from Karimadom slum in terms of dry ration, household utensils, toiletries, cupboards, study materials to the children, support in making vegetable stand and medical support. The funds for family support program was collected through local crowd sourcing and online funding through Global Giving a U.S based crowd-funding platform.

#### **Tailoring Training**

A tailoring center with sewing machine was setup at Don Bosco Veedu for training unemployed women from Karimadom slum. About 50 women from the slum enrolled for the training program. The participants were provided with a month of intensive training in tailoring. In association with USHA International (A leading sewing machine brand in India), Don Bosco society helped the women participants to purchase USHA sewing machines at cheaper rates. KEEN Designs is an initiative set up as a result of this training.



#### **KEEN LED** bulbs

Don Bosco KEEN project conducted five days of training in LED bulb making. About 27 women from the Karimadom slum participated in the 5 days of the training program. Many of them started to make LED bulbs. However, they found it difficult to market by themselves. This gave birth to the ENLIGHT initiative. **ENLIGHT**-Empowering and Nourishing Lives by Igniting Genuine Humanitarian Teamwork is a joint project by Christ Nagar School *Nallapadam* Club and Trivandrum Don Bosco Veedu society for empowering women from Karimadom slum in manufacturing and marketting of LED Bulbs for their living.



#### School Dropout Prevention Through Chenda Melam

Don Bosco KEEN tuition identified that there are children in the slum who are school dropouts and some of them are irregular in their schools. The KEEN project collabrated with *Margi* (An organization dedicated to the revival of classical art forms of Kerala) to teach the children *Chenda Melam*. The attendance statistics shows the desire of the school dropouts in *chenda* training. To receive this training they attend school and KEEN tuition regularly.

#### **KEEN Laundry**

KEEN Laundry is a venture for empowering the women from Karimadom Slum. As a part of this initiative entrepreneurship development training was given to 25 women affiliated to the project.



#### **KEEN** Naturals

The Don Bosco KEEN Naturals (DB KEEN Naturals) was established in 2018, August with a mission of making the food processing training conducted as part of the entrepreneurship development program of the KEEN project to an income generation program for 10 of the grassroots food processors (Producers). The KEEN naturals program and activities seek to strengthen the functioning of producers by providing them financial assistance and technical expertise in food production, sales and marketing, thereby increasing the income of the producers.

#### **KEEN Intiative for Children**





#### Family Care Plan

The KEEN project identified 320 households during the year. The care plan is prepared with the help of the staff and the volunteers of KEEN project. The volunteers and the staff from Don Bosco visited the families in the slum and with the participation from family members, they prepared the care plan.

These strategies help us to link the family below poverty line into the Government mechanism.

Through this initiative we help them manage their finances more efficiently and mobilize it effectively. The services we provide are as follows :

Sl. No	Name of the Service Availed	No. bf Resident Benefited	
1	Government Services	5	
a)	Savings- Indian postal service	9	
b)	Widow pension	2	
c)	Old age pension	4	
d)	Disability pension	1	
e)	Enrollment to <u>sukanya</u> samriddhi <u>yo</u> jana	10	
f)	Scholarship for the child of single parent	1	
2	Beneficiaries of KEEN Project (identified through family care plan activity)		
a)	Motivational Camp for women	19	
b)	Paper bag Training	4	
c)	Tailoring Training	11	
d)	Family Support Program	23	
e)	KEEN Evening Tuition	7	
f)	LED Bulb Making	3	
3	Other NGO support		
a)	Shraddha Charitable Trust (Vocational training center for special children)	1	





empower



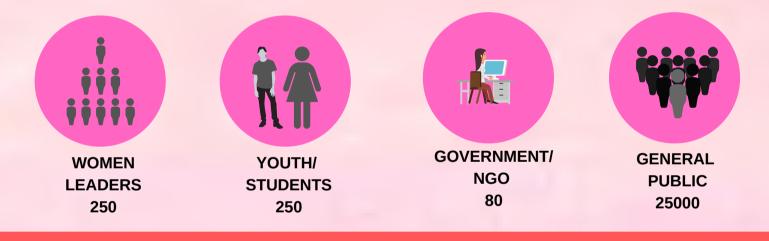
# WEDGE

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WOMEN EMPOWERMENT DRIVE & GENDER EQUALITY



#### WOMEN EMPOWERMENT DRIVE & GENDER EQUALITY TARGET GROUP OF WEDGE



### Areness campaign on wome. powerment conducted



International basketball player Geethu Anna Jose flagging off the vehicle car sed by Don Bosco Veedu Society in connection with World Women's Day

#### vress News Service

She said there should be a 50 ' sentation of women in every engagement with regard ' lic life Station

# **About WEDGE**

The significance of the project is to capacitate women to campaign and being able to report cases of gender based violence, being aware of their rights as a woman and citizen and it's assured through training on legal rights, sexual and gender based violence and training the trainers to build leadership qualities. Sensitizing children to gender and sex based issues is of ut most importance.

# **MAJOR ACTIVITIES**



#### LEADERSHIP TRAINING

Conducted leadership training for the members of student police cade ts (SPC) from 30 different schools of Trivandrum, in order to spread awareness on gender equality practices

#### SENSITIZATION CAMPAIGN

As part of the general public awareness the WEDGE team conducted vehicle rally with a bunch of sensitization programs put together. The rally covered six major places in Trivandrum





#### TRAINING FOR YOUTH

Covered 250 youth from 3 different institutions on the topic "Violence Against Women & its Prevention.

> "Now we have understood that it is our responsibility to change by being supportive to women, creating a safe environment to end gender based violence and to end gender stereotyping"

> > (A Student, 2018)



#### AWARENESS THROUGH HOME VISIT

Visited 400 houses in coastal area with the help of Don Bosco volunteers and distributed leaflet and imparted awareness about the project and its services.



Mrs. Susheela (Cleaning staff) won first price in public awaerness quiz program

#### Intervention

#### Major stakeholders from different Government Departments, NGOs, CHILDLINE and Teachers participated and discussed different aspects of the problem and created a strategic plan to be

furnished

stakeholders'

STAKEHOLDERS WORKSHOP

WEDGE team organized a

for gender equality lessons in schools.

before

consideration and favorable action.

workshop

comprehensive strategic plan for effective prevention on violence against women and need

the

to

district level

a

for

generate

Government



#### Make a Call...Make a Change...

'Fasila's<sup>\*</sup> husband wants her to return to her house and he is physically and emotionally abusing her. He is also abusing both the children. Fasila<sup>\*</sup> has lost her job and her family is unwilling to accept her back home.



Women and child protection police officer was involved and Shanavas<sup>\*</sup> was made to understand about the laws and the legal actions he may have to face in the future. Shanavas<sup>\*</sup> has mental illness and he is unwilling to get treatment for it. There were problems in sexual life between Fasila<sup>\*</sup> and Shanavas<sup>\*</sup>. Through counseling Shanavas<sup>\*</sup> has understood that he requires treatment regularly. They are currently living together without any issues. After one month treatment he agreed that he won't be violent to his wife and children again. (\* given name)

# DREAM

Drugs Rehabilitation Education And Mentoring 2018-2019

Kerala, though socially and economically at par with many developed nations, has unfortunately one of the largest drug using population in India second only to Punjab. Ernakulum and Thiruvanathapuram are the two districts in Kerala having the most number of reported cases. A survey done among the school going children in Trivandrum district by Don Bosco Veedu Society found that about 30 % of children are using drugs in the district.

#### PROJECT OUTLINE



DREAM project has been designed to give meaning and sense of purpose to the younger generation of children and youth of the society of Trivandrum and Ernakulam districts who have been under the influence of drugs. The aim of the project is to rekindle their dreams so that they come out of the eerie influences of substance abuse and fulfill their dreams for a happy and successful life. This project has helped in increasing awareness on the dangers of drugs among school children in particular and other stakeholders in general.

#### 1 out of 3 city teenagers had a tryst with drugs'







26/32

# MAJOR INTERVENTIONS















Leadership Training Program Helped the leaders to increase their leadership quality to intervene effectively with their peers to sort out issues connected with substance addiction in their schools.

Inter-School Poster Competition was organised to bring out students' ideas about substance abuse and it was also intended for the preparation of IEC materials.

School Awareness focused on imparting knowledge about the harmful effects of substances. The team has successfully completed 50 schools and have provided awareness to more than 7000 children

The major objective of the **Street Play Workshop** was to engage children's thoughts and actions into cultural or creative activities and also as a preparation for mass general public awareness campaign.

DREAM team organized a **State** Level Stakeholders' Workshop to generate a comprehensive strategic plan against prevention of drug abuse among children in Kerala. Major stakeholders from different Government Departments, NGOs, CHILDLINE and Teachers participated and discussed different aspects of the problem and created a strategic plan to be furnished before the Government for consideration and favorable

action.

The main objective of the **Teachers Training Program** was to increase the capacity of teachers for identifying substances used by children, preventing substance abuse, and mentoring child addicts to abstinence from drug usage.

Through a football tournament we have introduced '**play for change**' to children of our society. Sports and games are attractive ways to reroute negative emotions and bubbling energy of children.

27/32



# Now They have a DREAM...

### **Numbers Reached**

No	Program	Target Group	Numbers Reached
1	General Public Awareness Classes	Parents	1270
2	DREAM On the Wheels	Students & and rural and urban general public	6000
3	Attukal Pongala Awareness stall	Women's & Children	60000
4	Home visit in Coastal area	Parents & Elders	700
	Total		67970

#### Counseling & Medical Support

No.	Intervention	Categories	Total numbers
1	Motivation	Students	82
2	Career guidance	Students	7
3	Guidance to parents	Parents	53
4	Group counseling	Students	24
5	Referral to treatment & Rehabilitation services	Students	35
	Grand Tota	I	201

"On a serious note, I am presently using four cigarettes and one packet of 'Cool Lip' (Panmasala) per day. I know it is a bad habit but I am unable to stop. I had decided that next year (2019) I will stop all my bad habits. After your class I have decided to stop this today. I require de-addiction help from you"- A Student (2018)

The project is undoubtedly said to be a success referring to the positive responses and feedback that we receive from children and parents who have joined the different programmes of the project.

### REBUILD KERALA EFFORTS OF DON BOSCO VEEDU SOCIETY

### **Flood Relief Activities**

"Oh! deep in my heart I do believe we shall overcome..."

On 16 August 2018, severe floods affected Kerala, due to unusually high rainfall during the monsoon. It was the worst flood in Kerala in nearly a century. Over 483 people died, and 140 were missing. According to the Kerala Government, one-sixth of the total population of Kerala were directly affected by the floods and related incidents.

Don Bosco too ioined hands in flood relief work. Our team including staff, youth, volunteers, priests, brothers visited different areas across the Kerala. The team provided different services including psychological first aid for the flood affected victims, distribution of cleaning materials, house hold articles and educational materials, cleaning houses etc.

#### **Major Interventions**

#### Kollam Dsitrict

The first flood relief activity that was done under the leadership of Don Bosco Veedu was in Kollam district at Mandrothuruth. We visited all the 7 camps in this area and did a need assessment study. We bought clothes and sleeping mats and supplied to all the camps in Mandrothuruthu and Punalur. Staff of Bosco Veedu went to Mandrothuruthu as a group of 25 people and cleaned 30 houses and set right two roads leading to a village in Mandrothuruthu. We went with all the equipments and the people of the village also joined us for the cleaning work. We provided them with clothes, sleeping mats, safety shoes and gloves and bleaching powder for the cleaning.









#### **Pathanamthitta District**

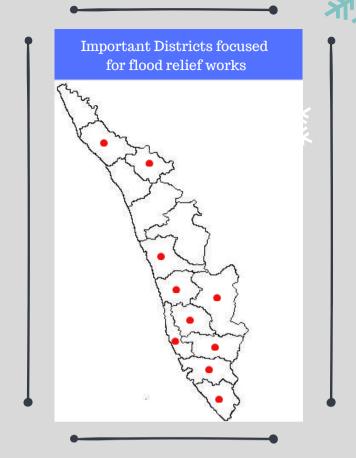
Thottaman is a village in Ranni, and it is closer to the Pampa river. This area was fully wiped away by the floods. Their major requirement was to clean their house of loads of dirt collected so that they could come back to the houses form the camp. Fortunately we got 25 seminarians from Kristu Jyothi college, Bangalore to do this good deed for them. They collected cleaning equipment and reached the spot and for eight days they worked day and night and cleaned 50 houses and 50 wells in Thottaman area.

#### Distribution of household items No. of beneficiaries - 49 Household articles distributed:

Mixer grinder, frying pan, cooking vessels, storing vessels, spoons, water collection pot, milk boiling pot.

#### Livelihood Programme No. of beneficiaries - 10

Kind of livelihood support provided to the beneficiaries. **50000 inr** was given to 10 families in Ranni Panchayath, Pathanumthitta. All the families were interested in starting some small scale business to rebuild their lives. Some who lost livestocks were provided the same help to procure them again.



#### Thiruvanathapuram

As part of the second phase of flood reiief work in Trivandrum we provided food packets and household articles for flood affected people in Karimadom slum. With the help of childline we identified other flood affected areas and provided educational materials to children who lost them.

to other u	istricts
Product	Quantity
1. Gum Boots	2000 Units
2. Gloves	3500 Gloves
3. Masks	3500
4. Chlorine Tablets	2000







# Our Media Presence





Steena Das

#### of Christ Nagar Higher Secondary School with their bicylces for the rall

#### Statistics

Atolatofic sexual y abused in Kerala in the year 2018 (Childine Keala Report-2018) 56 gdis aged between 5 to 12 and 300 gits aged between 1 to 12 became preys of sexual abuse in the year 2018, (Childine Kerala Senort-2018) Report-2018)

27 per cent of girls are forced to many before the age of 18. (BBC 2017)

Four oids became oney for sexual abuse every one hour in India. (BBC 2017)

20 per cent of girls in India were prey to child labour. (2011 Census Report in India)

Steena Das
A steena Das
A stant on January 24, hay assembled with their back plas in from of the Kow and the Steenaw Steenaw

#### Awareness campaign on women empowerment conducted



xpress News Service

hiruvananthapuran-based Don Bosco Vedu Society that workd Werld Women's Day on Friday The Focus of the celebration this time was women empower ment and gender equal-ity. Don Bosco voluniteers joined hands with the Southeren Railways and Child Help Desk, Thiruvananthapuram Cen-tral Station, and conducted an aware-mess campaign in front of Thampanoor mess campaign in front of Thampanoor equal, build smart, innovate for change. The campaign was inaugurated by for-mer International basketball player Geethu Anna Jose, who is the Railway Chief Ticketing Inspector

# nection with World Wormen's Day She said there should be a 50 pc repre-sentation of women in every sphere of engagement with regard to job and pub-le life. Station manager Suid, seriory Inspector Saib Jacob, Don Besco Vedu Society director, Pr PD Thomas, assis-tant director Pr Jenson and Chief Tick-ting Inspector, Pr PD Thomas, assis-tant director Pr Jenson and Chief Tick-ting Inspector Sreekumaran Nair were also present. The programme comprised of public address with a whichular exhi-bition, quiz program on women's issues and puppet shows in different parts of each puppet address with a whichular exhi-bition, quiz program on women's issues non a throwscale garam panchayat. The programme is part of a year-long cam-paign by Don Bosco named WEDGE (Women Empowerment Drive and Gen-ter Equality for increased protection and equal opportunities for women.

#### 'l out of 3 city teenagers had a tryst with drugs'

63.9% of the child

8.9% tr

high The

Kalama nadaism Krishna das, the head of the chenda divi sion al Margi The stre was request a in the children of

ny of th

them establish and initially we were ald any twice a week ag got intense as the left," says Krishna teaching the art o

atamelam performances upon ag their lack of interest. The ts helped the children features art," says Kris-Vadakkan style s important to

#### - 28.7% of 400 children surveyed by Childline ad

up in the city had a tryst is revealed in a sau This was revealed in a sur-conducted by Childline in district last year. The report al. "Drug: Dependency iong School Children sur-vas presented by Fr. Tho-s P.D, director of Don Bosco du Society, at a workshop or du Sciety at a workshop or that ention of su ing children bstance abuse held here or

Salarday The study was conducted among boys studying between closess if and 12. Around 400 childhen ware surveyed by Childhen ware surveyed by Childhen ware surveyed by Childhen ware starwayd by Childhen ware surveyed by Child participants, o using drugs

spondent, nong the particip admitted to using o st once. The main re-response children to b (prompts children to try out) as was found to be proximi-to close relatives and acqui-ances who use drugs, 68.9% the children usid bey have a se relative or friend using us\_30.0% accepted that they shed to use drugs after the to know how it far minuspos. What is near alarming is lack of knowledge on the ill cts of autostance obuse and by ch drugs. Beer, chewable lols like Cool-Lip and inhalants feviloand and fevilatick even petrol were hand lobs attestives toroid to kind.

sateming of a State notal officer of S deni Police Cadet, IG P Viay, who deinvered the logracie as ress, at the seminar said on same addiction cannot be re-writed thatsuched by kids to that rare drugs like between as-gue were also consumed by a small section of the children, drug were form in use drugs in the agaigroup of 16 in, 42% were between the age of 14 and 15 and 1%, to toring the child



arnit that involves munselli rents and strengthenin

 About 39 children from th various issues, including trafficking,



Saving precious live

GHILLING KLALI I Y UP

CHILD ABU

**RESOUNDS TO CHENDA** 

talect in the last



Children in the 13 to 15 age group are more vulserable

Rate



#### കരിമഠത്ത് സ്ത്രീകൾക്കായി സംരംഭങ്ങൾ

A class margentation (1)

മറുനാടൻ തൊഴിലാളികൾക്കു കൈത്താങ്ങായി 'കിസ്മത്



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a foremena Jasewa-mehrene a





31/32

#### **RECEIPTS AND PAYMENTS**

#### **Don Bosco Veedu Society**

#### Don Bosco Veedu, Tc. No. 59/1845, Manacaud, Thiruvananthapuram

#### Consolidated Receipts and Payments Account for the year Ended 31.03.2019

SI.No	Particulars	Receipts	Payments
A	Foreign contribution account		
	(1) Rescue& Rehabilitation of Street children In TVM	1217116.20	353050.30
	(2) Women, child Empowerment in karimadom	1517250	1730094
×.	(3) Migrant Help Desk	3895300	3076284
	(4) Drug Rehabilitation Education and Mentoring- TVM/CHN	1196200	2529007
	(5) Violence Against women	843125	619509
	(6) Relief and rehabilitation of Natural calamities-Flood relief	2883621.40	2004762
в	Local projects		
	(1)Childline	1443311	1355974.50
	(2)Railway Help Desk	1952245	1585444.50
	(3)Don Bosco Nivas	127486.40	641384.30
	(4)Shelter Home ICPS Project	1556885	1963966.65
	(5)Don Bosco veedu	2927565	314252
с	Opening /closing Balance	1307077.79	4693454.84
	Grand Total	20867182.79	20867182.79

Compiled from Audited Statement of Accounts

For Trivandrum Don Bosco Veedu Society

Director /Principal Officer Place: Trivandrum Date: 10-08-2019



For M. Thomas & Co. Chartered Accountants FR No. 0044085

(J P J Kamalesh) M.No.201093 Partner





"THE GREATEST GIFTS YOU CAN GIVE YOUR CHILDREN ARE THE ROOTS OF RESPONSIBILITY AND THE WINGS OF INDEPENDENCE"















Like us and share with us to bring joy to their lives

### "It is not enough to love the young; they must know that they are loved"

Like us and share with us to bring joy to their lives

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